

# **WE'RE SUSPENDING OUR PROGRAMMES FOR THE TIME BEING BUT WE'RE STILL HERE TO SUPPORT YOU!**

HELLO EVERYONE

We have made the difficult decision to suspend our planned programmes for the time being following the latest Government Guidelines and need for social distancing.

Today, we are facing one of the greatest challenges the world has experienced and as a charity we are very conscious of the impact the coronavirus will have on our immediate and wider community. We are aware that so many of you will be worried about the risk of infection and the impact should you still be receiving treatment. With this in mind we will endeavour to share with you as much information as we can and to assure you that we are here and will do everything we can to support you to the best of our ability over the coming weeks.

The charity will continue its work, developing further programmes for those living with or in remission from life changing conditions and we will keep in touch to let you know when we will be resuming our face to face services, so please keep an eye on our website and Facebook page for updates.

Supporting the sharing of information across the charity sector, below are some links you may find useful.

Our team of trustees, teachers, supporting team and volunteers would like to say a huge thank you for your understanding during these exceptional times. Take care and stay safe.

## **Coronavirus guidance from other organisations**

<https://www.cancerresearchuk.org/about-cancer/cancer-in-general/coronavirus-and-cancer>

<https://www.macmillan.org.uk/cancer-information-and-support/get-help/physical-help/cancer-and-coronavirus>

<https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/>